

MYRIAH HINCHEY, ND, FMAPS, FILADS

PO Box 666 • Hebron, CT 06248
Email: drhinchey@taovitality.com
Executive Assistant: Nikki Andrews • nikki@drhinchey.com

EDUCATION

ND	University of Bridgeport College of Naturopathic Medicine	May 2005
BA	University of Connecticut, Psychology	May 2000
LMT	Connecticut Center for Massage Therapy	August 1998

PROFESSIONAL FELLOWSHIPS

Fellow, International Lyme and Associated Diseases Society (ILADS), 2026

Fellow, Medical Academy of Pediatrics & Special Needs, (MAPS), 2023

PROFESSIONAL TRAINING

International Lyme and Associated Diseases Society (ILADS)

Annually attends ILADS Annual conference for up-to-date research treatment, testing, diagnosis.

Mentoring with Lyme specialist, Dr Tom Moorcroft.

Learned how to diagnose and treat complex patients with TBD.

Certification in First Line Therapy.

Learned how to manage chronic disease utilizing Therapeutic Lifestyle Changes focusing on stress management, exercise and proper nutrition. By Metagenics.

Mentorship with Autism specialist, Dr. Nancy O'Hara

Learned hands on during a yearlong weekly Mentorship, how to treat children with ASD, PPD and ADHD.

Certified Defeat Autism Now (DAN!®) Clinician

Preceptorship with Dr. Debra Anastasio

Specialized in treating children with neurodevelopmental disorders and women's health.

Certificate in Medical Acupuncture for Physicians

Briarwood College

Certified in Facial Rejuvenation with Acupuncture and Chinese Herbs

The Swedish Institute in New York City

Training in Auricular Acupuncture for Chemical Dependency and Detoxification

Lincoln Recovery Center in the Bronx, New York

PROFESSIONAL EXPERIENCE

TAO Center for Vitality, Longevity & Optimal Health LLC Owner, Medical Director, Licensed Naturopathic Physician	2006- Present
International Lyme and Associated Diseases Society (ILADS) Adjunct faculty, Speaker	2018- Present
LymeBytes! Symposium Producer, Host	2020- Present
Medical Academy of Pediatric Special Needs (MAPS) Adjunct faculty, Speaker	2023- Present
DrTalks Healing Lyme Summit Host	2023- Present
Masterclass "Healing Lyme and Co-infections"	2024

PROFESSIONAL AFFILIATIONS

Connecticut Naturopathic Physician Association (CNPA),	2005- Present
CNPA Member	2005- Present
CNPA Secretary of the Board	2013- 2014
International Lyme and Associated Diseases Society	2014- Present
American Association of Naturopathic Physicians	2020- Present

LECTURES

“Immune Reset: Restoring Balance with Lifestyle and Herbal Medicine to Heal Lyme Disease”

PA Lyme Conference

April 2026

“Immune Reset: Restoring Balance with Lifestyle and Herbal Medicine to Heal Lyme Disease”

TFIM

April 2026

“Foundations of Immune Dysfunction: Why Are Our Kids So Sick?”

MAPS

March 2026

“Two Triggers, One Terrain: Simultaneously Resolving Concurrent Lyme disease and Mold-Related Illness Through Functional and Naturopathic Medicine”

Co-Presented with Jill Crista, ND

IHS

March 2026

“Lyme & Mold... Now What?”

Co-Presented with Jill Crista, ND

IHS

February 2026

“From Immune Chaos to Competency - Gut Restoration, Cytokine Modulation, and Immune Rebalancing to Heal from Chronic Infection-driven Illness”

LymeBytes! Symposium

November 2025

“Why and How to Safely Detox Kids with Chronic Disease”

A4M

October 2025

“Bartonella: Pathophysiological Implications and MOA of Herbal Treatment”

ILADS

October 2025

“The Basics and Beyond of Healing Lyme Disease Using Naturopathic Medicine”	
FNPA Roots of Medicine Conference	October 2025
“Immune Dysfunction”	
MAPS	September 2025
“Healing Lyme Disease: Basics and Beyond”	
Autism Health Summit	April 2025
“Why Are Our Kids So Sick?”	
MAPS	March 2025
“Restoring Immunocompetence to Heal PANS/PANDAS & Lyme disease”	
IHS	February 2025
“Healing Lyme Disease: Basics and Beyond”	
Documenting Hope	November 2024
“Does Mycoplasma Play a Role in Neuropsychiatric Symptoms?”	
ILADS	November 2024
“Herbal Approaches to Healing Pediatric Lyme”	
ILADS	November 2024
“Functional Medicine and Herbal TX for 3Bs”	
LymeBytes! Symposium	October 2024
“Mycoplasma: Implications in Coinfections and Pediatric Neuropsychiatric Disorders”	
MAPS	September 2024
“Detoxification”	
MAPS	September 2024
“The Immune System in PANS/PANDAS and Lyme”	
MAPS	September 2024
“Medically & Aesthetically: Building Or Enhancing Your Functional Medicine Practice”	
MAPS	March 2024
“An Integrative Approach to Lyme and Tick-Borne Infections”	
Rockland County Lyme Conference	March 2024
“Naturopathic Treatment of Tick-Borne Disease: A Deep Dive into the Pathophysiology of Lyme Disease and Babesia and the	

MOAs of Herbal Intervention” -IHS	February 2024
“Natural Treatment of Tickborne Disease” -LymeBytes! Symposium	November 2023
“A Deep Dive into the Pathophysiology of Lyme Disease and Babesia and the MOAs of Herbal Intervention” ILADS	October 2023
“Detoxification ~ A Crucial Component In Successfully Healing From Lyme And Mycotoxin Illness” -MAPS	September 2023
“Medically & Aesthetically: Building Or Enhancing Your Functional Medicine Practice” -MAPS	September 2023
“Climate Change and Infectious Disease: Spotlight on Babesia” -CNPA	April 2023
“When Lyme and Covid Collide” -MAPS	March 2023
“A Deep Dive Into the Pathophysiology of Tick-Borne Disease and the Method of Actions of Commonly Used Herbals” -MAPS	March 2023
“When Lyme and Covid Collide” -Integrative Lyme Retreat	January 2023
“A Natural Approach to Lyme and Tickborne Infections” -CASI	October 2022
“Herbal Support for Management of Vector-Borne Disease” -ILADS	September 2022
“Naturopathic Management of Lyme Disease and Babesiosis” -Lyme Disease, a 3- Part webinar CE Series presented by NYANP	August 2022
“Wholistic Approach to Treatment” -LymeBytes! Symposium	May 2022
“Restoring immune competency and Tick-borne disease” -CNPA	November 2021

“An innovative approach to healing Lyme and Co infections” “Lyme Disease Prevention” “Dispelling Common Myths” -Eastern Connecticut Lyme Conference	March 2019
Keys to Restoring Immune Competence in Tick-Borne Infections: Addressing the cycle of Dysbiosis, leaky gut, inflammation & Immune dysfunction- ILADS	November 2018
Integrative Approach to Treating Tick-borne Diseases, “Making Your Body Inhospitable to Infections”- University of Bridgeport College of Naturopathic Medicine	Spring/Fall 2017
Founded and facilitated the Lyme Support Group of Hebron- Hebron, CT	2013-2016
Lyme Support of Hebron- Frequent Lecturer	2014- present
“Seven Things You Can Do Right Now to Change Your Health” - Eastern CT Library Circle	2014